



METABOLIC REVOLUTION

OUR HEALTH, OUR RIGHT

Welcome to the Metabolic Revolution!

Dear Friend,

Thank you for joining the Metabolic Revolution! You are now part of a growing community of individuals who understand the power of metabolic therapies to heal and transform lives.

This revolution is for you, for your loved ones, and for everyone who refuses to settle for a healthcare system that prioritizes symptom management over root cause solutions. The science is clear: Metabolic strategies work. They are proven, effective, and essential to achieving optimal health. Yet, the medical establishment often dismisses these as "alternative" or "unproven."

We are here to change that reality.

We are a movement of thousands, growing into a movement of millions, united by the shared belief that everyone deserves access to the knowledge and tools to heal their bodies through metabolic approaches. And we are taking our message to Washington, D.C. Please join our rally on October 13, 2024 to advocate for a decisive change in healthcare priorities. We will demand that:

- **The next President develop policies to address the serious problems of chronic disease including mental disorders.**
- **The U.S. Dietary Guidelines should heal, not harm, our health.**
- **The healthcare system be reformed to do more than just provide band-aid solutions for symptoms and instead address the root causes of disease.**

Together, we will break down the barriers that prevent people from accessing metabolic therapies. We will educate, advocate, and enable individuals to take control of their health.

This revolution is about more than just healing poor health; it's about hope and a future where chronic disease is no longer the norm. Welcome to the movement. Welcome to the future of healthcare.

(More details about the rally coming soon.)

In solidarity,
Jess Apple and the Metabolic Revolution Team

[Donate](#)

[View email in browser](#)

[update your preferences](#) or [unsubscribe](#)