



# METABOLIC REVOLUTION

OUR HEALTH, OUR RIGHT

## Advocacy in Action!

Dear Advocate,

**On February 10, Metabolic Revolution [issued a press release](#) announcing our Public Information Act (PIA) request to uncover the details that led to the Maryland Department of Health's decision to halt research at Spring Grove Hospital Center.** The terminated study, led by Dr. Deanna Kelly from the University of Maryland School of Medicine in collaboration with Spring Grove Hospital Center, was a groundbreaking investigation into the potential of ketogenic therapy to treat schizophrenia.

**Just days after our PIA request was submitted, Maryland Health Secretary [Laura Herrera Scott announced her resignation](#)** effective at the end of this month. While the exact reasons for her departure remain unclear, this development underscores the importance of our work in holding institutions accountable to provide full transparency about their decision-making process.

[Preliminary research has shown](#) the profound healing potential of metabolic therapies like ketogenic diets for mental disorders. Given these encouraging results, there is a clear scientific and ethical imperative to continue investigating metabolic treatments, ensuring that those who struggle with schizophrenia have access to innovative and effective care. However, the abrupt halting of such promising research raises questions that demand answers.

“The public deserves complete and transparent answers about the decision to halt the ketosis study. Metabolic Revolution won’t settle for less.” - Amy Laughlin, Metabolic Revolution Board Member.

### How You Can Support Our Mission:

We need your help to amplify this critical issue and spread awareness about our broader mission to transform health through metabolic approaches.

**Share Our Story:** Help us spark a crucial dialogue about the need for transparency regarding the abrupt halting of such promising research by forwarding this email or sharing our press release with your network.

**Stay Informed:** Keep an eye on our website and upcoming newsletters - we'll be sending updates on this case and other initiatives.

**Make your mark:** If you have benefited from a metabolic approach to mental health, we invite you to [share your story with us](#). *If you choose to share your video on your own social media platforms, be sure to tag #MetabolicRevolution so we can do our part in helping to spread the word!*

**Your voice matters in this movement.** Together, we can challenge outdated paradigms, advocate for better solutions, and ensure that research into life-changing therapies continues unimpeded.

Thank you for standing with us in this fight for transparency, accountability, and hope.

In health and solidarity,

Jess Apple and Chérie St. Arnauld

Co-founder and Executive Director, Metabolic Revolution

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